

Addressing Mental Health with Functional Medicine

"Rather than just treating symptoms ... we go to causes of your mental health condition or disorder, considering all aspects of health. Whether that be mind, body, spirit. All of those things play a role in your mental health." -Lynn Kettell-Slifer, APRN, Owner of Health Partners LLC

Functional Medicine, Mental Health and Neurotransmitters Video by Lynn:

https://www.youtube.com/watch?v=Pml_JuRu6WQ&feature=emb_title