

Health Partners LLC

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Supplement and Nutraceutical Policy

According to the Federal Food, Drug, and Cosmetic Act, as amended, Section 201(g)(1), the term *drug* is defined as an “article intended for use in the diagnosis, cure, mitigation, treatment, or prevention of disease.” Technically, vitamins, minerals, trace elements, amino acids, herbs, or homeopathic remedies are not classified as drugs. However, these substances can have significant effects on physiology and must be used rationally. At Health Partners LLC, we provide nutritional counseling and make individualized recommendations regarding use of these substances in order to upgrade the quality of foods in a patient’s diet and to supply nutrition to support the physiological and biomechanical processes of the human body. Although these products may also be suggested with a specific therapeutic purpose in mind, their use is chiefly designed to support given aspects of metabolic function. Use of nutritional supplements may be safely recommended for patients already using pharmaceutical medications (drugs), but some potentially harmful interactions may occur. *For this reason, it is important to keep all of your healthcare providers fully informed about all medications and nutritional supplements, herbs, or hormones you may be taking.*

You are under no obligation to purchase nutritional supplements through Health Partners, LLC. However, Health Partners LLC cannot guarantee the quality or the effectiveness of nutraceuticals we do not recommend, nor can we guarantee the effectiveness or quality of nutraceuticals purchased through other sources (Amazon, etc.) due to quality not being controlled in these marketplaces, and the source being unknown.

As a service to you, we have a limited number of nutritional supplements available in our office and online through our partners. We purchase these products only from manufacturers who have gained our confidence through considerable research and experience. We determine quality by considering: (1) the quality of science behind the product; and (2) the quality of the ingredients themselves; (3) the quality of the manufacturing process; and (4) the synergism among product components. The brands of supplements that we carry in our office are those that meet our high standards and tend to produce predictable results.

While these supplements may come at a higher financial cost than those found on shelves of pharmacies or health food stores, the value must also include assurance of their purity, quality, bioavailability (ability to be properly absorbed and utilized by the body), and effectiveness. The chief reason we make these products available is to ensure quality. You are not guaranteed the same level of quality when you purchase your supplements from the general marketplace. We are not suggesting that such products have no value; however, given the lack of stringent testing requirements for dietary supplements, product quality varies widely.

Supplement and Pharmaceutical Reviews

As a service to our active patients of record, we offer a complimentary review of supplements and pharmaceuticals recommended/prescribed through our office on a semi-annual or annual basis at Provider discretion. Please advise your Provider if you would like to take advantage of this when the time comes.

Please read, and sign below:

I have read Health Partners, LLC.'s supplement and nutraceutical policy and understand the risks involved when purchasing supplements not recommended by my Provider, and/or purchasing outside of Health Partners, LLC's office and partnered companies. I understand that buying my supplements from outside sources can negatively affect my treatment. I understand that it is my responsibility to update my Provider if I have changed my brand of supplement, or if I begin purchasing from other sources not recommended to me by my Provider.

Patient Name (Print): _____

Patient Signature: _____ Date: _____

Witness Signature: _____ Date: _____